# Symptom Response Kit (SRK)

## 5,000

SRKs are ordered each year in the Central East, South East and Champlain regions SRKs should be considered at

PPS 60-40%

SRKs are for anticipatory planning for expected symptoms

There is **NO COST** to the patient

## When to Order a SRK

#### An SRK should be considered when:

- 1. The patient is appropriate for a Palliative Care approach.
- 2. The prognosis is <6 months and the patient is expected to deteriorate quickly.
- 3. The goal is to avoid emergency room visit and/or hospital admission.
- 4. There is a known trajectory with expected symptoms.
- 5. The patient/family are aware and in agreement to store the SRK in the home and not to open it unless with direction from their health care provider.
- 6. Medications in an existing SRK have expired and/or new medications are needed for new anticipated symptoms.

For more information on the SRK process, please contact your local Home and Community Care Support Services at 310-2222 (no area code required), or:

**Central East:** Phone: 1-800-263-3877 | Fax: 1-855-352-2555

**Champlain:** Phone: 1-800-538-0520 | Fax: 1-800-373-4945

**South East:** Phone: 1-800-869-8828 | Fax: 1-866-839-7299

#### **Process**

- Prescriber completes the Symptom Response Kit Prescription/Order form and faxes to local Home and Community Care Support Services
- The pharmacy will deliver the SRK by 9 p.m. the next business day
- Nurses in the home will determine if anticipated symptoms have arisen and contact the Prescriber, if indicated
- Nurses in the home will administer medications as ordered and follow up with the Prescriber regarding symptom management
- It is the responsibility of each member in the patient's health care team to review and share care goals, and to support planning for an expected death

### Please Note

If symptoms are currently being presented, or the PPS is ≤20%, an SRK is *NOT* appropriate. Please order medications directly from the patient's local pharmacy or pharmacy of choice.

